

THE LITURGY OF THE WORD

GLORIA

Glory to God in the highest,
and on earth peace to people of good will.
We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.
Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God,
Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the
Father, have mercy on us.
For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.

FIRST READING *Exodus 16:2-4,12-15*

A Reading from the book of Exodus.

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!' Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not. 'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God."' And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the

Lord gives you to eat.'

The word of the Lord.

RESPONSORIAL PSALM

Psalm 77:3-4,23-25,54

R. *The Lord gave them bread from heaven.*

1. The things we have heard and understood, the things our fathers have told us, these we will not hide from their children but will tell them to the next generation: the glories of the Lord and his might. R.
2. He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven. R.
3. Mere men ate the bread of angels. He sent them abundance of food; So he brought them to his holy land, to the mountain which his right hand had won. R.

SECOND READING *Eph 4:17,20-24*

A reading from the letter of St Paul to the Ephesians.

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The word of the Lord.

GOSPEL ACCLAMATION

Matthew 4:4

Alleluia, alleluia!
No one lives on bread alone, but on every word that comes from the mouth of God.
Alleluia!

GOSPEL

John 6:24-35

A reading from the holy Gospel according to John.

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for

Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.' Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.' Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.' 'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

The Gospel of the Lord.

CREED

I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son,
our Lord,
(All bow during these two lines)
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again
from the dead;
he ascended into heaven,
and is seated at the right hand of God
the Father almighty;
from there he will come to judge
the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.

ST PAUL'S PARISH

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PARISH OFFICE HOURS:

Mon, Tues, Wed & Friday: 9.30 am to 3 pm.
For general enquiries, please call 9354-1564.

MASSES:

Weekends: **Saturday:** 6:30 pm (vigil),
8.00pm (Neo Catechumenate)

Sunday: 9:00am, 10.30am (Italian),

Weekdays: **Tues, Wed, Thurs, Fri:** 10.15 am.

CONFESSIONS: Pascoe Vale: Saturdays 10-10.30am
Coburg 7.15pm. First Friday 11-12pm or Tues-Frid after
10.15am mass

ADORATION: First Friday of the month: 10.30 am to 12pm

BAPTISMS: Sundays at 12.00 pm.

BAPTISM PREPERATION MEETINGS: Once Monthly

MARRIAGE PREP MEETINGS: Wed 8pm or Sat 4pm

WEDDING REHEARSALS: Mon or Fri – 8pm

COMMUNION TO SICK: Thursdays & Fridays

ANOINTING OF THE SICK: 2 times a year (Lent & Advent).

SUNDAY SCHOOL: 10am

YOUTH & KIDS GROUP: 4th Friday of the month.

ITALIAN PRAYER GROUP: Wednesdays at 10.30 am

Legion of Mary: Monday mornings at 10.30 am.

Knights of the Southern Cross: Monday mornings.

ANNUAL ITALIAN FEASTS: 2021

21 March: St Joseph at 10.30am Mass

Good Friday: 7pm

21 Nov: St Gregory at 10.30am Mass

12 Dec: St Lucy at 2pm

For enquires re above programs call the parish office on 9354-1564

READERS:

This Week

Sat 6.30pm Phillip Scardilli

Sun 9am Rosa Touma & Patricia Wright

Sun 10.30 Sam Stagliano & T or M Costanzo

Next Week

Sat 6.30pm Virginia Efthimiou

Sun 9am Stephanie Youil & Dean Youil

Sun 10.30 Rita Luci & Rosa Oppendisano

SPECIAL MINISTERS:

This Week

Next Week

Sat 6.30pm Virginia Efthimiou Jim & Lourdes Galea

Sun 9am Annette Barnes Alfred Meilak

Sun 10.30am Laura Scherma Maria D'Angelo

PARISH NEWS:

FR JAMES BIRTHDAY 2nd August

We wish you a
wonderful birthday.
May God give you the
power, courage,
knowledge and
wisdom to continue to
propagate His words
to mankind.



EASING OF RESTRICTIONS

Current restrictions are 1 person per 4 square metres with a maximum of 100 people attending Mass. Please check-in using the Victorian Government QR code application.

PARISH PRAYER

God our Father, bless this parish so that we may love you more. Bless us in ways that you know best and form us into a true community of worship and love. Deepen our understanding of your message today. Give us especially your spirit of love, so that it may touch all people with whom we come into contact. Encircle our families with your loving care and assist parents in their role as leaders in faith. To the sick grant health, to the aged bring serenity and peace, and to those in sadness joy. May we grow stronger in faith and our love for one another become deeper in our daily living. Amen.

CATHOLICARE VICTORIA SUNDAY APPEAL 2021

Next weekend is the CatholicCare Victoria Sunday Appeal. CatholicCare Victoria delivers counselling and mental health services, specialised support for children and teens, refugee and asylum seeker help, support for separating families, homelessness support and pastoral care. Donations from our parish community will help to support the most vulnerable individuals and families in our community. **Please donate to the CatholicCare Victoria Sunday Appeal.** You can donate using the appeal envelope at the side of the church or online at catholiccarevic.org.au.

NEW CONFESSION TIMES:

Saturdays: PASCOE VALE: 10-10.30am
COBURG 7.15pm

First Friday of the Month: COBURG 11-12pm

Tues-Friday COBURG After 10.15am mass (upon request)

WE PRAY FOR

BAPTISMS: Aiden Bulut , Murphy Szczypka, Heidi & Monique Joseph

Those who are **Sick**, and those who care for them: that they may be strengthened and comforted by the healing power of Christ.

We pray for those who have died recently, and especially those whose anniversaries we remember at this time, Miriam Jucic, Alessandro D'Amato, **that they may enter into the peace of God's kingdom.**

VOCATION VIEW:

We are challenged today to seek what will last. Give Jesus, the Bread of Life, your priority and you will always be satisfied. (John 6:24-35).

REFLECTION: "Grumbling versus Gratitude"

The whole Israelite community grumbled against Moses and Aaron. Exodus 16:2

The people on the Exodus journey ignored the provisions and providence that God provided each step of their journey. These unhappy people pressured their leaders into going to the Holy One time and again, insisting that these leaders beg for what they desired. Their complaints and ours bear a similarity in that we, too, can lose heart and weaken in faith when times are tough. Like the people Moses and Aaron led through the wilderness, we pine for what we do not have when it is missing. When things do not go as we carefully planned, or life treats us in a way that disrupts our dreams, how natural to bemoan our situation. We quickly begin to fret and stew about the interferences and focus on how terrible life has become. We forget the many positive dimensions still present and the countless times that distress did not block our path. How much better to let go of complaining and live with gratitude.

Sr. Joyce Rupp, O.S.M.

STEWARDSHIP

"Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not." EXODUS 16:4

When the Israelites gathered more than their daily portion of manna, the surplus became wormy and rotten. In the same way today, self-reliance, pride and ego leads to hoarding and excessive surplus of goods and money. Living a stewardship lifestyle helps us discern our "wants" from our "needs". Living a generous lifestyle reminds us that God will provide all that we need and that we have plenty to share.

PRAYER OF THE WEEK

That we recognize the difference between what we need and what we want and trust that God has provided us with enough to share.

QUOTE OF THE WEEK: "Risks"

Take calculated risks. That is quite different from being rash.
General George S. Patton

ARCHDIOCESE NEWS:

INSTALLATION MASS OF FR. JAMES PUPPADY 15.07.21



JOKE OF THE WEEK

A police officer jumps into his squad car and calls the station.

"I have an interesting case here," he says. "A woman shot her husband for stepping on the floor she just mopped."

"Have you arrested her?" asks the sergeant.

"No, not yet. The floor's still wet."

HERE IN THIS PLACE,
NEW LIGHT IS STREAMING
NOW IS THE DARKNESS
VANISHED AWAY

1

SEE IN THIS SPACE
OUR FEARS AND OUR DREAMINGS
BROUGHT HERE TO YOU IN THE LIGHT OF
THIS DAY.

**GATHER US IN THE LOST AND FORSAKEN
GATHER US IN THE BLIND AND THE LAME
CALL TO US NOW AND WE SHALL AWAKEN
WE SHALL ARISE AT THE SOUND OF YOUR
NAME.**

WE ARE THE YOUNG OUR LIVES ARE A
MYST'RY
WE ARE THE OLD WHO YEARN FOR YOUR
FACE

WE HAVE BEEN SUNG THROUGHOUT ALL
OF HIST'RY

CALLED TO BE LIGHT TO THE WHOLE
HUMAN RACE.

**GATHER US IN THE RICH AND THE
HAUGHTY**

**GATHER US IN THE PROUD AND THE
STRONG**

**GIVE US A HEART SO MEEK AND SO LOWLY
GIVE US THE COURAGE TO ENTER THE
SONG.**

HERE WE WILL TAKE THE WINE AND THE
WATER

HERE WE WILL TAKE THE BREAD OF NEW
BIRTH

HERE YOU SHALL CALL YOUR SONS AND
YOUR DAUGHTERS

CALL US ANEW TO BE SALT FOR THE
EARTH.

**GIVE US TO DRINK THE WINE OF
COMPASSION**

**GIVE US TO EAT THE BREAD THAT IS YOU
NOURISH US WELL AND TEACH US TO
FASHION**

**LIVES THAT ARE HOLY AND HEARTS THAT
ARE TRUE.**

FEED US NOW, BREAD OF LIFE,
IN THIS HOLY MEAL;
LET US KNOW YOUR LOVE ANEW:
WE HUNGER FOR YOU.

2

FEED US NOW, BREAD OF LIFE,
COME AND LIVE WITHIN;
LET YOUR PEACE BE OURS TODAY,
LORD JESUS WE PRAY.

PIECE OF BREAD, GLASS OF WINE:
LORD, THIS FOOD IS GOOD;
LOVE AND MERCY COME TO US,
YOUR PROMISE WE TRUST.

PIECE OF BREAD, GLASS OF WINE:
WHO CAN UNDERSTAND
HOW HIS MERCY WORKS IN THESE?
YET, LORD WE BELIEVE.

GOD IS HERE, O SO NEAR,
NEARER THAN OUR THOUGHTS.
STAY WITH US WHERE'ER WE GO: LORD,
HELP US TO GROW.

GOD IS HERE, O SO NEAR,
IN THIS HEAVEN'S MEAL.
MAY WE ALWAYS FEED ON YOU,
ON THE BREAD THAT IS TRUE.

EVERY NATION, EVERY TRIBE
COME TOGETHER TO WORSHIP YOU
IN YOUR PRESENCE WE DELIGHT
WE WILL FOLLOW TO THE ENDS OF THE
EARTH.

3

**ALLELUIA! ALLELUIA!
RECEIVE THE POWER, FROM THE HOLY
SPIRIT!**

**ALLELUIA! ALLELUIA!
RECEIVE THE POWER TO BE A LIGHT UNTO
THE WORLD!**

AS YOUR SPIRIT CALLS TO RISE
WE WILL ANSWER AND DO YOUR WILL
WE'LL FOREVER TESTIFY
OF YOUR MERCY AND UNFAILING LOVE

ALLELUIA

LAMB OF GOD, WE WORSHIP YOU,
HOLY ONE, WE WORSHIP YOU,
BREAD OF LIFE WE WORSHIP YOU,
EMMANUEL, WE WORSHIP YOU.

LAMB OF GOD, WE WORSHIP YOU,
HOLY ONE, WE WORSHIP YOU,
BREAD OF LIFE WE WORSHIP YOU,
EMMANUEL, WE WILL SING FOREVER.

ALLELUIA

**STAND TOGETHER FOR WHAT YOU BELIEVE,
WORK FOR WHAT MUST BE DONE;
LOVE EACH OTHER IN ALL THAT YOU DO,
TILL ALL MY PEOPLE ARE ONE.**

4

*SPREAD THE PEACE MY BROTHERS,
SPREAD IT EVERYWHERE;
MAKE THE WORLD KNOW RIGHT FROM
WRONG,
HELP THE WORLD TO CARE.*

*CRY OUT THE SOUND OF FREEDOM,
MAKE EVERY SOUND BE HEARD;
PEOPLE CRYING PAINFULLY,
HEAR THEIR EVERY WORD.*

*OPEN YOUR HEARTS MY BROTHERS,
LEND A WILLING HAND;
SHOW THE LONELY AND THE POOR,
THAT GOD IS IN OUR LAND.*

*KNOW THAT HE IS WITH US,
IN EVERYTHING WE DO;
THOUGH HARD TIMES MAY LIE AHEAD,
PEACE WILL FOLLOW THROUGH..*

SIAMO EREDI DI DIO PADRE
COEREDI DI GESU'
E FAMIGLIA DEL SUO REGNO,
FIGLI UNITI NELL' AMOR

1

SIAMO MEMBRI DEL SUO CORPO
IN UNIONE FRA DI NOI
POPOL SANTO NELLA LODE,
CITTADINI DEL SUO CIEL.

CI HA LAVATI NEL SUO SANGUE
E REDENTI CON LA CROCE,
SANTIFICATI DAL SUO SPIRITO

E AMATI DAL SUO CUOR.

SIAM CHIAMATI A SEGUIRLO
SULLA VIA DELLA CROCE,
PER FAR PARTE ALLA SUA VITA
E ALL' ETERNA GLORIA IN CIEL.

TU CI INVITI ALLA TUA MENSA
E CI DONI IL PANE E IL VINO.
COL TUO CORPO E COL TUO SANGUE
TU TI OFFRI PER AMORE.

2

**RIT. VITA NUOVA ABBIAMO IN TE,
SIGNOR,
LA SALVEZZA È SOLO IN TE, SIGNOR
E AL BANCHETTO DEL TUO REGNO
CON I SANTI NOI VERREMO.**

SULL' ALTARE TU TI IMMOLI
COME AGNELLO SENZA COLPA.
BUON PASTORE CI RADUNI
E DIMORI IN MEZZO A NOI.

FINALE: CON I SANTI NOI VERREMO. (3V.)

CREDO IN TE, SIGNOR, CREDO IN TE:
GRANDE È QUAGGIÙ IL MISTER,
MA CREDO IN TE.

3

**LUCE SOAVE, GIOIA PERFETTA SEI,
CREDO IN TE, SIGNOR, CREDO IN TE.**

SPERO IN TE, SIGNOR, SPERO IN TE:
DEBOLE SONO OGNOR,
MA SPERO IN TE.....**LUCE**

AMO TE, SIGNOR, AMO TE:
O CROCIFISSO AMOR,
AMO TE.....**LUCE.**

RESTA CON ME, SIGNOR, RESTA CON ME:
PANE CHE DAI VIGOR, RESTA CON ME.

HO GUARDATO LE STELLE NEL CIELO
MI HANNO DETTO CHE TU SEI LA LUCE,
HO INCONTRATO I FIORI IN UN PRATO:
MI HANNO DETTO CHE TU SEI BELEZZA

4

**DIO SEI AMORE, DIO SEI AMORE
DIO SEI AMORE, DIO SEI AMORE.**

HO GUARDATO NEGLI
OCCHI DEI BAMBINI
E TI HO VISTO
IN QUELLO SGUARDO PURO,
HO TESO NEL DOLORE LA MIA MANO.
TI HO INCONTRATO
NEL CUORE DI UN FRATELLO.

TI HO CERCATO SIGNORE DELLA VITA
NELLA NOTTE, NELLA MIA PAURA:
TI HO SCOPERTO
COMPAGNO DI CAMMINO
E LA GIOIA È NATA DENTRO ME.